



authentic italian restaurant

Welcome to Mamma Rosa Restaurant

We are so happy to see you! As you can see, some things have changed. We have made changes to our seating, offering a smaller menu and following all local health regulations, to keep everyone safe.

Buon Appetito!

Vino

ITALIAN REDS - Giacondi Sangiovese (0) or Montepulciano d'abruzzo Citra (0)
Glass 10 | 1/2 Litre 28 | Litre 40

LOCAL RED - Gehringer Brothers Estate Winery - Summer Night Blend (*Pinot Noir / Cab. Franc / Merlot*)
Glass 10 | 1/2 Litre 28 | 750ml bottle 41

MAMMA ROSA'S HOMEMADE SANGRIA
Glass 10 | 1/2 Litre 28 | Litre 44

ITALIAN WHITE - Pasqua Pinot Grigio (0)
Glass 10 | 1/2 Litre 28 | 750ml bottle 41

LOCAL WHITE - St. Hubertus Estate Winery - Great White North (1)
Glass 10 | 1/2 Litre 28 | 750ml bottle 41

*Interested in seeing other options?
Please ask your server to see a drink menu*

Antipasti

HOUSE SALAD 11

lettuce, tomatoes, onions, green peppers, cucumbers, olives & radishes with our homemade Italian vinaigrette

CAESAR SALAD 10

romaine lettuce topped with homemade croûtons & our fabulous homemade caesar dressing
add pollo 8

MEDITERRANEAN SALAD 17

lettuce, tomatoes, onions, cucumbers, green peppers, olives, radishes, artichokes & sun-dried tomatoes, topped with goat feta cheese & our homemade dressing

CAPRESE SALAD 20

fresh mozzarella (imported from Italy) with tomatoes & oregano, marinated in extra virgin olive oil & balsamic vinegar
add genova salami 5

MUSCOLI 20

mussels steamed with onions, garlic, spices & white wine in a light cream & tomato sauce

BRUSCHETTA CLASSICA 10

two slices of our homemade garlic bread topped with fresh tomatoes, onions, extra virgin olive oil & herbs
add burrata cheese (when available) 8

BRUSCHETTA PRIMAVERA 14

two slices of our homemade garlic bread topped with fresh Okanagan goat cheese, a mix of sun dried tomatoes, roasted red peppers, artichoke hearts, olives & fresh basil

ANTIPASTO MAMMA ROSA 25

genova salami, prosciutto crudo (di Parma), capicollo, provolone & asiago cheeses, olives

BISON CARPACCIO 20

shaved organic bison tenderloin topped with our homemade lemon dressing, extra virgin olive oil, capers, finely shaved onions & parmigiano reggiano

Fresh Homemade Pasta

FETTUCCINE ALFREDO 23 
homemade sauce with parmesan cheese & cream
add pollo 8 add shrimp 8

FETTUCCINE AL PESTO & CREAM 22 
our homemade pesto (made with fresh basil, extra virgin olive oil, garlic, pine nuts & parmesan cheese) mixed with cream
add pollo 8

FETTUCCINE ALLA SICILIANA (SPICY) 21
our homemade tomato sauce, anchovies, garlic & spices * Giacomo's favourite *
add homemade sausage 7

SPAGHETTI CON SALSA DI POMODORO 20 
our spectacular homemade tomato sauce
add meat balls 6 add homemade sausage 7

SPAGHETTI ALLA BOLOGNESE 20
our spectacular homemade meat sauce
add meat balls 6 add homemade sausage 7

SPAGHETTI IN SALSA CAPRICCIO (SPICY) 24 
mushrooms, capers, garlic & spices, in our homemade spicy tomato sauce
add pollo 8 add gamberi (prawns) 10
add homemade sausage 7

SPAGHETTI ALLA CARBONARA 24
mixed with eggs, back bacon, cream & parmesan cheese

SPAGHETTI CON GAMBERI 30
gamberi (prawns), mushrooms & garlic, served in our homemade pesto sauce

SPAGHETTI PESCATRICE 35
scallops, gamberi (prawns), shrimp, red peppers & onions in our homemade white wine & cream sauce

substitute homemade pasta for gluten free penne 3

MEAT CANNELLONI 28
tubes of Mamma Rosa's pasta filled with veal, topped with our homemade bolognese or tre formaggi sauce then baked with mozzarella cheese

SPINACH & CHEESE CANNELLONI 28 
tubes of Mamma Rosa's pasta filled with spinach & ricotta cheese, topped with our homemade bolognese, tomato or tre formaggi sauce, then baked with mozzarella cheese

LOBSTER CANNELLONI 30
tubes of Mamma Rosa's pasta filled with lobster & shrimp, topped with our homemade cream sauce, then baked with mozzarella & parmesan cheeses

LASAGNA BOLOGNESE 25
homemade lasagne layered with homemade meat sauce & mozzarella cheese, topped with mozzarella cheese, then baked
add ricotta cheese 3

LASAGNA SPINACH & RICOTTA 28
homemade lasagne layered with homemade meat sauce, spinach & ricotta cheese, topped with mozzarella cheese, then baked

LASAGNA ROSSA 28 
homemade lasagne layered with spinach & ricotta cheese, our homemade tomato sauce topped with mozzarella cheese, then baked

RAVIOLI DI POLLO 28
our homemade ravioli stuffed with chicken & served with homemade mornay (chicken & cream) sauce



GLUTEN FREE



VEGETARIAN

- meals include 2 pieces of our homemade garlic bread
- please inform your server if parmesan cheese is not desired & alert them of any allergies
- if you require separate bills, please inform your server as an 18% gratuity will be added

Pasta Speciale

Vitello

PENNE AL FORNO 22

mixed with our homemade bolognese, covered with mozzarella cheese, then baked
change to tre formaggi 3

PENNE ALLA SUSANNA 25

mixed with homemade creamy pesto sauce, topped with mozzarella cheese, then baked
add pollo 8

PENNE ARRABBIATA (SPICY) 22

extra virgin olive oil, onion, garlic & spices in our homemade tomato sauce
add homemade sausage 7

GNOCCHI PESTO E CREMA 25

our homemade creamy pesto sauce

GNOCCHI CAPRICCIO (SPICY) 25

mushrooms, capers, garlic & spices, in our homemade spicy tomato sauce
add homemade sausage 7 add cream 2

SPINACH SHELLS 26

giant pasta shells stuffed with spinach & ricotta cheese, covered in homemade rosé sauce, then baked
add shrimp 8

Veal dishes are served with your choice of salad or pasta of the day with our homemade meat sauce

*substitute spaghetti with meat sauce 2
substitute fettuccine alfredo 5*

VEAL PARMIGIANA 32

tender veal cutlet covered in tomato sauce, spices, topped with mozzarella cheese, then baked

VEAL PIZZAIOLA 32

tender veal cooked with zesty tomato sauce, capers, green olives & a touch of cream

VEAL PESCATORE 47

tender veal cooked with scallops, shrimp, prawns, red peppers & onions, served in a white wine cream sauce



Add these extras to any meal

meatballs	6	sun-dried tomatoes	3	mushrooms	4
homemade sausage	7	fresh garlic	1	freshly grated parmigiano	
chicken breast	8	artichoke hearts	4	reggiano cheese	3
shrimp	8	hot peppers	2	split pasta dishes (in kitchen)	2
gamberi (prawns) (6)	10	antipasto olives	7	split baked dishes (in kitchen)	5
scallops (6)	market price	homemade garlic bread (2)	3	add mozzarella cheese (baked)	5
prosciutto crudo	7	homemade mozza bread (2)	6	extra sauce (TS/MS)	2
change to gluten free penne	3	olive oil & vinegar dip (for bread)	3	extra sauce (other)	5

there may be charges for substitutions, please ask your server | half portions are not available

Mamma Rosa's Pizza

all of our pizzas are hand tossed & made using our homemade tomato sauce, before they are topped with one hundred percent real mozzarella cheese & cooked in our authentic stone pizza oven.
our pizzas are 12" | half & half pizzas are not available

MAMMA ROSA SPECIAL 30

tomato sauce, capicollo, pepperoni, back bacon, mushrooms, onions, green peppers, black olives

PIZZA FAVORITA 34

pesto sauce, mushrooms, sun dried tomatoes & twelve gamberi (black tiger prawns)

GODFATHER 27

tomato sauce, capicollo, ham mushrooms, green peppers

CANADIAN 27

pepperoni, mushrooms, back bacon

VEGETARIAN 26

mushrooms, onions, green peppers, olives, fresh (baked) tomatoes

AMORE 27

pepperoni, mushrooms, green peppers, onions

HAWAIIAN 27

ham, pineapple

FORMAGGIO 20

mozzarella cheese

PEPPERONI 24

pepperoni

focaccia is a specialty that originated in Genova, Italy in 1500 AD; it is simply pizza dough brushed with extra virgin olive oil & baked with a variety of toppings. enjoy as an antipasto

FOCACCIA 'C' 27

provolone (auricchio) cheese, onions, oregano

FOCACCIA 'H' 27

provolone (auricchio) cheese, cream cheese, back bacon, mozzarella, onions, oregano

Dolci

ALL DESSERTS 10

HOUSE MADE DESSERTS ☆

CHOCOLATE CHIP CHEESECAKE ☆

SKOR CHEESECAKE ☆

PEANUT BUTTER PIE IN A JAR ☆

TIRAMISU (FROM ITALY)

CHOCOLATE ERUPTION CAKE

GLUTEN FREE TORTE ✂

Beverages

SAN PELLEGRINO 750 ml bottle 6

SAN PELLEGRINO BEVERAGES 3.5

POP / ICED TEA / LEMONADE 3

Sorry, no refills

COFFEE Cherry Hill Coffee / TEA 3.5

CAPPUCCINO / LATTE 4.5

ESPRESSO 3.5

ICED COFFEE 4.5